



# NAUS UROSCOPE

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An official Publication of Nepal Association of Urological Surgeons

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## Editorial



### Looking back to glorious past and marching forward...

We feel delighted to bring the first edition of NAUS newsletter Uroscope, at the dawn of Vijaya Dashami 2075. We also feel honored for this opportunity given by NAUS executive committee with trust on our team.

NAUS, started by our pioneers and Gurus of urology in Nepal is one of the most active professional societies in the country. It is one of the prestigious societies with history of almost one and half decade. It has a glorious history of effective professional development within short span of time which includes more than 100 active members and admirable international links. It has been organizing many international and national conferences, including Asian Endourology conference in 2011. NAUS family has paved a solid platform on General Urology, Endo-urology, reconstructive urology, Uro-Oncology, Uro-gynecology and Renal transplantation under the aspects of patient care. Urological education is also in a consolidation phase in Nepal. Research and publication in the urological field is also kicking off. To excel in this field, there was a long felt need of publications. NAUS newsletter is the first step towards publishing and archiving our activities to some extent.

The first issue of NAUS Uroscope is dedicated to the history of NAUS and recent NAUS activities. We are thankful to each member of NAUS, technical team and sponsors who have helped us to bring out this newsletter. We are grateful to all the pioneers of the society. We can see farther as we are standing on the shoulder of giant pillars. May this initiation help us for marching forward.

Wishing a Happy Dashain, Tihar and Chhath, 2075 and a joyful reading,

Editor, NAUS Uroscope

Dr Bhoj Raj Luitel (drbhojraj@gmail.com)

Chairman, Board of Registry and Publication(NAUS)



## President's Message



**Prof Dr Chandra S. Agrawal**  
President, NAUS

### Greetings to all NAUS members!!

I am overwhelmed to write the President's message for the first issue of UROSCOPE, an official publication of Nepal Association of Urological Surgeons (NAUS). I'm extremely grateful and would like to thank my team for this historical start. I'm sure that the board of publication will take this to further height.

With a history of more than a decade, our society has set up solid roots, reached its maturity and achieved a significant influence to the society. All this could not have been possible without the wise vision, the strong leadership and the intensive efforts of all my honorable predecessors. The NAUS has established itself as the leading society for the promotion, development and dissemination of urology within Nepal and outside Nepal. The present executive committee has given shape to the plans for the coming tenure and already started implementing them. We are trying to make the society more visible, transparent and more communicable to all the members and with international organization.

I am also grateful for the confidence you all have expressed by supporting and believing us. I also feel privileged to have the most dynamic and hardworking executive members.

Once again, I would like to congratulate my team for this successful publication and dynamic start.

Happy Vijaya Dashami, Tihar and Chhath!!!

Thank You!!!

Prof Dr C S Agrawal

President, NAUS

Chair, Urology Division

Department of Surgery

B P Koirala Institute of Health Sciences, Dharan

### President

Prof Dr Chandra Sekhar Agrawal

### Immediate Past President

Prof Bishwa Raj Joshi

### Vice President

Dr Mahesh Bahadur Adhikari

## Executive committee 2018-2020

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Dr Pawan Raj Chalise

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### Members

Dr Amit Mani Upadhaya  
Dr Bhoj Raj Luitel  
Dr Deepak Kumar Thakur  
Dr Hari Bahadur KC  
Dr Rikesh Jung Karki



# History of NAUS

**Prof Dr JL Baidya**, FRCSEd, FRCSEng, FCPS Pak  
Founding President (NAUS)  
Senior Consultant Urologist  
B and B Hospital, Lalitpur Nepal

With immense pleasure and pride I would like to acknowledge the effort of the NAUS executive committee to bring up a Urological Newsletter from October 2018. From very humble beginning the journey to the current pedestals has been worth appreciating.

I would like to congratulate present executive committee of NAUS for bringing up this Newsletter which would be the mouth piece of all the Nepalese Urologists. As we look ahead -A Nepalese Urological Journal may be Biannually to start with may be a good idea and I am sure the committee has already in its mind regarding this. With in house PG program(Mch,FCPS) in Urology and regular CUE it should not be too difficult.

I would like to thank sincerely the executive committee of NAUS for asking me to write few words as an ex and 1st president of NAUS in this 1st issue of Urological News Letter. I wish all the best for successful launching of the NAUS Newsletter, before writing about history of NAUS.

As in most countries, in Nepal, urology practice has long been part of General Surgery. This was the era when blind urethral dilatation was the gold standard for management of urethral stricture in males. Since then, Endourology has come a long way.

Endourology was introduced in Nepal in the year 1982 when this author returned from the United Kingdom along with some basic equipment. There was a large void in urological services due to few specialists during that time. Soon, the government realized the need for specialists and sent some senior surgeons for training in the UK.

In 1999, the first urological meeting and workshop with British Association of Urological Surgeons (BAUS) was held in B&B Hospital and Patan Hospital. During this time, "Visiting Professor in Urology" degree was awarded to this author by the Royal College of Surgeons, England. Another workshop in Endourology was held in Army Hospital with faculties from USA the following year. In 2002, the Pakistan Association of Urological Surgeons (PAUS), awarded to this author and Prof Bhola Raj Joshi with FCPS degree. In 2003, FCPS training in Urology was started in B&B Hospital.

With the increasing demand of urological services and very few urologists in the country it was necessary to

have an association of surgeons who were practising urology. So, the first historical meeting of urologists and urology practicing doctors was held in Hotel Shanker, Kathmandu on July 15, 2004. An ad hoc committee was formed and Prof JL Baidya was elected as President along with Prof Prem Raj Gyawali as General Secretary with the aim of formulating the rules and regulations of the association. Sixteen members had attended that meeting. The name of urological society was decided as Nepal Association of Urological Surgeons (NAUS) and this author was elected as President with Prof Prem Raj Gyawali as General Secretary of NAUS.

In 2005, NAUS became the member of Urological Association of Asia (UAA). NAUS has also been associated with the educational arm of UAA, the Asian School of Urology (ASU) through which the trainee urologists have been participating in the Urology Residents' Course (URC) which is being co-organized with the Singapore Urological Association. Through UAA, urology residents and young urologists are also actively participating in conferences of the Urological Society of Australia and New Zealand (USANZ).

Since 2010, NAUS shares a very strong bond with the Urological Society of India (USI). As part of goodwill, both the associations send special invitations to the President, General Secretary and 2 Urology Residents every year for their National Conference as per the Memorandum of Understanding between NAUS and USI which was signed by myself and Dr Subash V. Kotwal, then USI President.

After one year of Presidency in ad hoc committee and four years as President of NAUS, regular elections were held and two years term of Presidency was completed by Prof Prem Raj Gyawali, Prof Rakesh Verma, Prof Bishwa Raj Joshi and Prof CS Agrawal who is the current President of NAUS. Similarly, the two years term of General Secretary was completed by Dr Mahesh Adhikari for two successive terms, Dr Parash Mani Shrestha and Dr Pawan Raj Chalise who is the current General Secretary of NAUS.

NAUS has been holding the National Conference (UROCON) every year and also regular Continuing Urological Education (CUE) meetings in various part of the country. Since 1982 urology in Nepal has developed in leaps and bounds. The desire for surgical residents to pursue their career in urology has been boosted and most of this credit goes to NAUS.





## NAUS and International Relationships

**D**uring fellowship in National University Hospital (NUH), Singapore, this author was amazed with knowledge and skill of local urologists. Though the country is very small with total population of four million only, many patients from Europe, Asia, US and Gulf countries visited for treatment. At that time, they already had Da Vinci robot and all kinds of technology and armamentarium required in urology. Singapore had held WCE meeting in 1992 and many other international urological meetings. Different academic programs like journal club, mortality and morbidity discussion, case presentation took place in the department. The most important and interesting of them was “Campbell Chapter discussion” meeting. It was held every month with all urologists from different hospitals in Singapore. It was very beneficial for the registrars, fellows and urologists. Their standards in urology instigated me to think about how it would be possible to improve medical field mainly urology in Nepal.

Many renowned urologists were approached and during such process, in Urofair 2003, we got a chance to meet Dr Mahesh Desai who was very keen to help us. Various aspects on how to improve urology in Nepal were discussed with him. All suggested to form our own national urological society which should lobby with government and international associations to fund more in urology departments. We also got an idea that Urological society will excel in improving knowledge and skills of urologists and modern technology will help to improve the quality of service.

After returning from Singapore, senior urologists in Nepal were prompted to have our own Nepal Urological Association. Most surgeons holding MS and GP degree were practising both general surgery as well as urology. Two years later, in 2005, Nepal Association of Urological Surgeons (NAUS) was instituted. Being a founding secretary general of NAUS, different international societies were corresponded. Singapore Urological Association agreed immediately to accept

**Prof Dr Prem Raj Gyawali**  
Professor  
Department of Urology and  
Kidney transplant Surgery  
TU Teaching Hospital,  
Kathmandu, Nepal



NAUS in Urological Association of Asia. In 2008, a team of NAUS along with this author, got chance to attend Asian Endourological Conference (AEC) in Ho-Chi-Minh, Vietnam and proposed to hold next Asian Endourological meeting in Nepal in its business meeting. Since then many of our residents and junior urologists also got opportunity to participate in different meetings and workshop organized by/with UAA. In UAA meeting Taipei, Taiwan 2010, it was endorsed to hold next Asian Endourology Conference in Kathmandu. In USICON-2010 meeting in Agra, USICON-2011 Kolkata and SIU 2010 meeting in Berlin, Germany, our brochures were distributed about AEC. Slides about NAUS and upcoming of AEC -2011 in Kathmandu was advertised in between live transmissions.

In AEC meeting we could bring about 200 foreign participants from Asia, Europe and America. Asian Endourological Conference 2011, Kathmandu became a landmark conference in the country and that conference changed the paradigm of urology in Nepal. Credit goes to Dr SD Kotwal, Dr Kim Mammen and Dr Ravindra Sabnis who were requested in Taipei to help NAUS in its academic curricula which lead to sign a Memorandum of Understanding (MOU) between NAUS and USI in New Delhi.

Every year new medicines, technology and accessories are introduced in market. Urologists should be up to date with these recent advances. It is possible only if CME, workshops, conferences are attended regularly and this would upgrade our knowledge and skills. It is high time for NAUS to have MOU with other associations like WCE, EAU, AUA, BAUS, PAUS AND many other national societies.



### Founding Members of NAUS

- |                            |                           |                            |
|----------------------------|---------------------------|----------------------------|
| 1. Dr C.P. Maskey          | 7. Dr Manish Shrestha     | 13. Dr Bhola Raj Joshi     |
| 2. Dr Bishwa Raj Joshi     | 8. Dr J.N. Shah           | 14. Dr Uttam Kumar Sharma  |
| 3. Dr Krishna N. Rayamajhi | 9. Dr Paras Mani Shrestha | 15. Dr Guna Kumar Shrestha |
| 4. Dr V.K. Jaiswal         | 10. Dr Rameshwor Pokhrel  | 16. Dr Prem Raj Gyawali    |
| 5. Dr Jagdish Lal Baidya   | 11. Dr Deepak Rauniyar    |                            |
| 6. Dr Arjun Dev Bhatta     | 12. Dr Asarfi Shah        |                            |



# Evolution of super speciality training (MCh) in urology in Nepal: A new beginning



**Prof Dr Bhola Raj Joshi**  
Former Urology Unit Chief, TU Teaching Hospital  
Professor, Department of Urology  
Nepal Medical College and Teaching Hospital

Needless to say, urological speciality in itself is just like a vast ocean where formal education is needed to deal with every aspect of urological diseases and provide justice to the patients. It was only a decade back in Nepal, there were few surgeons who had formal training in urology outside the country and focused in urology. Otherwise most of them were general surgeons dealing with urology with good knowledge of the subject. So, to develop urological subspeciality in Nepal and to cope with rapid evolution of urological advances in the world, an academic program in urology was a must. This challenge could be addressed by Institute of Medicine, Tribhuvan University which has its long history of academic excellence. Myself, as the head of department of surgical disciplines then, had this responsibility over me. We were successfully running MS program in general surgery for about a decade then.

Launching a superspeciality program in urology was not that easy and had its own challenges. Besides all, TU Teaching Hospital had speciality unit in urology and was serving huge number of urological patients and diseases. Back in 2007, urology unit of TU Teaching Hospital decided to march forward to start the MCh (Urology) program and all administrative hurdles were passed. Proper planning, curriculum development, communication and interaction with stakeholders in institution, national and international urological faculties were done to ensure the long-term viability and validity of the program. With this aim, we'd been successful to enroll our first MCh candidate, Dr Pawan Raj Chalise, in 2008. He was graduated in 2011 as first trained urologist from IOM. After few years, this



training program was also started at NAMS, College of Medical Sciences, Bharatpur and B P Koirala Institute of Health Sciences, Dharan. This added another milestones in the history of urology of Nepal. Over a period of 10 years, more than a dozen of urologists were trained from these institutes and are providing speciality urological services not only in different parts of the country but outside the country as well.

**Best Wishes**  
*From the maker of.....*

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## A short Biography

Dr CPMaskey FRCS; FICS

Chandra Prakash Maskey was born in the year 1940, in Jaljala Village, Terhathum. He was brought up there until he was 8 years old. He studied in Shanker Middle school established by his parents in the year 1946 [2003BS]. It was in the year 1950 [2007] when his fate took a sudden turn and he landed at Dharan. This event happened when there was the movement against the Rana regime. He joined Public High school, Dharan and did SLC in 1st division. He went to CHC Kamachha [BHU], passed I.Sc in first Division with first position.

He was the only eligible candidate for "Colombo Plan scholarship program". He went to King Georges Medical college, Lucknow India and graduated as M B B S in 1963 with flying colors! He got selected for MS general Surgery but could not complete as then Government of Nepal called him to Kathmandu. He languished for seven months with an honorarium of Rs 175/ month in Bir hospital in Dept of Surgery.

He got married to Jyotsna Pradhan then posted to Ilam District hospital where he did multiple surgeries suprapubic cystolithotomy, Caesarian section, ovarian cystectomy, foreign body in the sole, Vasectomies etc. After 2 years he was posted to Kalaiya hospital, Bara. In the mean time he was selected for FRCS UK along with his wife Dr Jyotsna in Anesthesia. He worked in Kent General hospital for a year in A/E, general surgery. He passed both the part I and final FRCS in the first attempt within a year which was possibly a record in itself. Post fellowship he did rotating Registrar job in General Surgery, Orthopedics and Thoracic surgery then returned to Nepal.

After his return he was posted in Lumbini [Butwal] Zonal hospital as gazetted III class officer for 3 years. Then he was posted to Gandaki Zonal Hospital, Pokhara. Besides the procedure of his speciality he also performed vaginal Tubectomy, Cataract surgeries, hysterectomy, caesarian section etc. He was then transferred to Sagarmatha Zonal Hospital, Rajbiraj where he spent 6 months. After Rajbiraj he was posted to Narayani Zonal Hospital, Birgunj. He conducted several sterilization camps and trained junior doctors in No-Scalpel vasectomy and Mini Lap tubectomy. In GolBazar Health post he performed 107 NSV cases in a day! That was a record in the history of surgical contraception. He also claims to have done the largest number of mini lap so far in Nepal. He was then posted to Kanti Pediatric Hospital where he performed variety of surgery in sick children including ventriculo-peritoneal shunt.

When he was at Koshi Zonal Hospital, he was selected by TU service commission as Associate Professor of Surgery. He was the first person to get selected as Professor of Surgery through TU Service Commission. He served for 12 yrs in TUTH as head of Surgery and Director. He really enjoyed teaching – learning activities. His desire for learning took him again to UK for a higher Training in Urology/ andrology for one year. During that period he came to know about modern procedure like PCNL, URS, Laser surgery and ESWL.

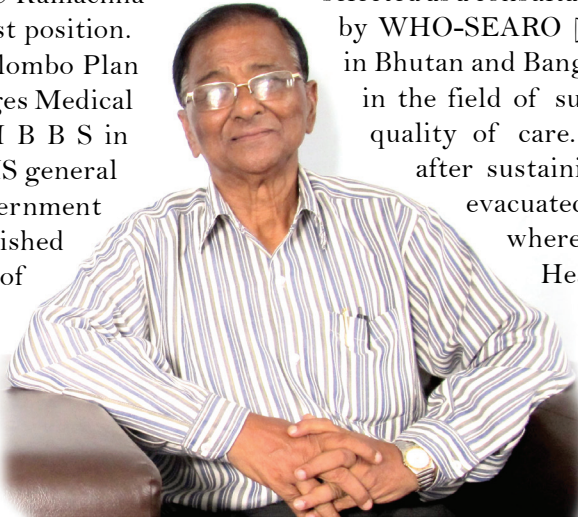
He came back to Tribhuvan University Teaching Hospital, Kathmandu, Nepal. After that he was selected as a consultant in Reproductive Health by WHO-SEARO [New Delhi]. He worked in Bhutan and Bangladesh for 8 years mainly in the field of surgical contraception and quality of care. He retired from WHO after sustaining massive MI. He was evacuated to ESCORT, New Delhi where he underwent Open Heart surgery by a KGMC colleague.\*/+After 6 months convalescence he joined Patan Hospital and worked for 5 years. After that he worked as Vice Chancellor of NAMS for 2 years.

After that he served as Chairman of PAHS service commission for 4 years.

He has 3 sons. Eldest one is Plastic surgeon, his spouse a general surgeon; the second one is IT specialist and the youngest one is Intensivist cum Interventional Pulmonologist with his spouse as I D specialist in USA. He is blessed with 5 grandchildren. Although he is surviving with peritoneal Dialysis and two pace makers! now at age of 78 years he is enjoying his life. Having been spent his entire life for the service of humanity now he is spending remaining part of his life for himself.

### Membership:

Life membership NMA, Nepal; BAUS, UK  
NAUS, Nepal; Member GMC, London







# Action plan of Nepal Association of Urological Surgeons (NAUS) for 2018-2020



Dr. Pawan Raj Chalise  
General Secretary  
pawan\_rc@yahoo.com

First of all, I would like to thank all the previous executives to bring our national urological society (NAUS) to this height and all the members for believing us and giving the opportunity to lead the NAUS for the tenure of 2018-20.

Our main vision for this tenure is mutual co-operation and would like to see NAUS grow more professionally. We would not achieve our goals without implementing professionally oriented academic courses, training opportunities, research, publications and international links.

To make our vision into reality, we've formed different boards and subcommittees to carry out daily activities of NAUS and to plan our future strategies.

The organization of the boards of NAUS for 2018-20 is as follows:

## 1) Ethical board

To deal with all ethical issues that arise during our practice and to communicate with Nepal medical council and other agencies, the ethical board is formed under the chairmanship of NAUS president, Prof. Dr C S Agrawal. The members of the board are Prof. Dr Bishow Raj Joshi, Dr Mahesh Bahadur Adhikari and Dr Pawan Raj Chalise.

## 2) Board of Education (BOE)

Our vision of professional NAUS couldn't be achieved without academic exercise and conducting scientific meetings. So, to organize such events regularly, under the chairmanship of Dr Mahesh Bahadur Adhikari and members including Dr Pukar Maskey, Dr Ghanashyam Sigdel and Dr Suman Chapagain, BoE is formed.

## 3) Board of International Relationship

NAUS is one of the most active national professional organizations and it has to fulfill the global responsibilities as well. To be more active in the international arena and to have mutual international relationship, this board is planned. The board consists of Dr Pawan Raj Chalise, Dr Amit Mani Upadhyay, Dr Bharat B Bhandari, Dr

Sanjaya Khadgi and Dr Sunil Regmi.

## 4) Board of Registration and Selection

NAUS regularly sends urology residents and young urologist for various training programs to enhance their knowledge and skill. This board is planned to select them for various training opportunities within country and abroad. This board will also manage membership listing and new membership drive. Dr Krishna Kaji Bhomi is leading this board as chairman and members are Dr Deepak Kumar Thakur and Dr Hari B KC.

## 5) Board of National Registry and Publication

NAUS has to take the leadership to maintain the national urological disease registry and has to publish scientific publications regularly to enhance and share our knowledge among us. So to work on national registry and publication, this board is formed with the chairmanship of Dr Bhoj Raj Luitel and members are Dr Binod Shrestha, Dr Narayan B Thapa, Dr Kushal Karki and Dr Sujeet Poudyal.

## 6) Board of Information Technology

Social Media and web site are an integral part of any organization. To fulfill the cyber needs and to make NAUS more active in the global village, this board is formed. The chairmanship of the board of IT is taken by Dr Rikesh Jung Karkee and active members are Dr Ganesh Bhakta Acharya, Dr Juveen Silwal and Dr Prem Sigdel. We are also planning to do live web cast of all our scientific meetings for the benefit of NAUS members.



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# Board of Education Activities

## CUE-1

NAUS CUE June 16, 2018

NAUS organised its maiden CUE and workshop on Prostate Biopsy after the formation of new executive committee.

During the event which was carried out in Nepal Medicity, supported by National University Hospital Singapore, guest Lincoln Tan was the faculty. Following topics were discussed in the event in three sessions

1. Anatomy of the prostate revisited; implications for prostate biopsy - Dr Manish Pradhan
2. Imaging of prostate - Dr Ram Kumar Ghimire
3. PSA and indications for prostate biopsy - Dr Umesh Nepal
4. Role of antibiotics and prevention of sepsis in Prostate biopsy - Dr Mahesh Bdr Adhikari
5. TRUS guided biopsy : Current scenario in Nepal - Dr Robin Joshi
6. Saturation biopsy /MR Fusion Biopsy/ Robotic Biopsy - Dr Lincoln Tan
7. TRUS guided biopsy of prostate- Processing and Interpretation - Pathologists Perspective - Dr Mamata Lakhey

Following the lectures the workshop was conducted with demonstration of TRUS guided biopsy. This CUE was credited with 5 points of NMA.

## CUE-2

NAUS CUE Bir Hospital

1. NAUS Regular Cue Was Conducted At Bir Hospital On 28th July 2018 In National Trauma Center - Following Presentations Were Done

1. Shockpulse In Bladder Stone - Dr Birendra Kumar Yadav
  2. Post URSL Stricture Of Upper Ureter - Dr Prem Raj Sigdel
  3. Bizzare BXO - Dr Kushal Karki
  4. An Unusual Cause Of Urinary Retention - Dr Kinju Adhikari
  5. Faculty Presentation - Dr Anil Shrestha
- As a part of presentation gathering was followed by regular breakfast.

## CUE-3

As part of the NAUS CUE, a symposium was organized on Role of Nuclear Medicine in Urology on 4th September 2018. Nuclear Medicine Experts Dr. Sagar Maharjan and Dr. Sudhir Suman KC from Gamma Imaging Center, Kathmandu highlighted on different aspects of nuclear medicine in Urology. Extensive case based discussions were held on the utility of isotope renogram. More than 50 participants joined the programme.



The programme was also transmitted via facebook live which benefited many NAUS members and urologist outside Kathmandu. The programme was conducted by Board of Education (BoE) member Dr. Ghanshyam Sigdel and the case based interactive session was moderated by NAUS general secretary Dr. Pawan Raj Chalise.

## NAUS BoE Activities







## Testimonials

### My EBLUS experience



**Dr. Manish Man Pradhan**  
Urology MCh resident

**I** Dr Manish Man Pradhan, was given an opportunity by the Nepalese Association of Urological Surgeons (NAUS) to take part in the European Training in Basic Laparoscopic Urological Skills (E-BLUS) conducted by European School of Urology under EAU at Singapore on 11-13 July, 2018. To qualify for training, I had to take an online class on basic laparoscopy provided in EAU website and pass the online theory exam than with more than 80% marks.

The training was conducted under the supervision of six faculties from different countries from Europe and Asia and had 20 participants from different South East Asian countries. The training consisted of classes on laparoscopic instruments and armamentarium, indications for laparoscopy and different training options of laparoscopy along with hand on training (HOT) on instrument handling, hand eye co-ordination, needle handling and manipulation, basic cutting techniques, basic suturing techniques and lastly few tips and tricks on laparoscopy for the beginners.

During the first two days of the training, I not only got to know the basic of laparoscopy but also got to interact with faculties and resident from different countries, make new friends and got to know about the urological training in their country and was able to compare the level of our training with them.

The last day was the day of the practical exam where we had to finish the task within the given time. There were four tasks viz. 1. Peg transfer, 2. Cutting a circle, 3. Needle guidance and 4. Laparoscopic suturing. As it turned out, not all of the participants were able to finish the task in time or as per the rules to qualify for the exam. Luckily, I was among the ones who qualified and got the certificate of completion from European School of urology.

The whole experience of travel, training, exam and interaction with people from foreign countries has given me a new perceptiveness to my residential training which I am sure will help in my career development. It has shown me where we can improve ourselves and what things we are already doing on par with the standards set in international community. The gift of learning and teaching new skills is invaluable for any aspiring student which will benefit the whole medical fraternity. For this opportunity I will forever be grateful to my Urology Department at TUTH and NAUS for giving its residents platform to grow. I hope others will also get similar opportunities in future for their career growth.



## Testimonials

### World Endourology Society Observership award 2018

**Ghanshyam Sigdel, MCh. (Urology)**

**Award receipt :** Dr Ghanshyam Sigdel, Dr Sudeep Raj KC, Dr Kushal Karki, Dr Atul Kasaju and Dr Kinju Adhikari

**Host site:** Muljibhai Patel Urological Hospital (MPUH), Nadiad, Gujarat, India

**Date of Observership:** September 9th to 15th, 2018

It was a great honor for us to visit MPUH for one week of observership, partly funded by world endourology society. We had the opportunity to observe many surgical procedures, including endourology, laparoscopy, robotics and conventional open surgeries. We could become the part of academic exercises including case discussion and topic presentations. Besides working on endotrainers and simulators in the dry lab, we had a unique opportunity to work in wet lab. All these exposures helped us to improve ourselves significantly and changed our working perspectives. During one week of our stay, we could learn some managerial aspects of the hospital like indoor, outdoor, logistics and operating room setup. All the consultants were enthusiastic, cooperative and concerned about our teaching-learning. We would like to express our sincere thanks to all of them, especially Dr Ravindra Sabnis who was really



instrumental and coordinated our whole program. We are thankful to world endourology society for providing us this opportunity. At the end, we appreciate the support of Nepal Association of Urological Surgeons (NAUS) and recommend to continue this observership program in coming days in association with the mentioned organizations, especially targeted for the young urologist who are at the beginning of their career.

#### Editorial Team:

**Dr Bhoraj Luitel**  
**Dr Binod Shrestha**  
**Dr Kushal Karki**  
**Dr Narayan Thapa**  
**Dr Sujeet Paudyal**

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